


# Faculty Profile

## Personal Details

Name	Dr. Sangharsh Sumangal Shrangare	
Designation	Assistant Professor	
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## Academic Qualifications

Degree	Specialization	University	Year of Passing
B.com	Banking	Pune	2007
B.P.ed	Physical education	RSTMU, Nagpur	2008
M.P.ed.	Physical education	SRTMU, Nanded.	2010
Ph.D	Physical education	SRTMU, Nanded.	2014
Additional Qualification (if any): Additional Degree/Diploma/NET/SET			
National Eligibility Test (NET)	Physical education	UGC	2012

## Professional Experience

Stream	Years	Stream	Years
Teaching	07	Research	03
Extension		Administration	

### Area of Research/Interest

Exercise physiology

## Research Guidance

Degree	No. of Student & Guided
M.Sc./M.Tech	Nil
Ph.D.	Nil

## Research Accomplishments (Recent Ten Most Important Publications)

Sr.No	Title	Journal	ISSN	NAAS Rating
01	पोषण आहार व क्रीडा कामगीर	<i>An International Multi disciplinary Quarterly Research Journal Ajanta</i>	2277 - 5730	
02	Effect of Resistance training on selected Health related Physical fitness components of Boys Aged 10 – 17 years.	<i>Worldwide International Inter disciplinary Research Journal</i>	2454-7905	
03	Effect of Eight Week Fartlek Training on Speed and Endurance in	<i>An International Multidisciplinary Quarterly Research Journal</i>	2277-5730	

	physical ability of High school students	(UGC Journal care journal)	0474	
05	Women Empowerment through sport and physical Activity	Ajanta Prakashan	ISSN 2277-5730	
06	How to Preserve Health	ShodhSarita	ISSN 2348-2397	
07	Effect of Eight week Fartlek training on speed and Endurance In Primary School Children	Excel International journal of social sciences and Humanities	ISSN 277-7539	
08	Zumba- Fitness and Recreation	Worldwide International Inter Disciplinary Research Journal	ISSN 2454-7905	
09	A comparative study of the physical fitness level of English and marathi medium school going students.	Worldwide International Inter Disciplinary Research Journal	ISSN 2454-7905	
10	Effect of physical exercise on emotional intelligence among sedentary student.	Worldwide International Inter Disciplinary Research Journal	ISSN 2454-7905	

### Credentials:

Particulars	Numbers	Particulars	Numbers
ResearchArticles	10	Popular Articles	NIL
Books / Booklets	NIL	Book Chapters	NIL
Research/Technology Recommendations	NIL	Varieties Developed	NIL
Patents	NIL	Abstracts Published	03
Technical Publication	NIL		

### Significant Achievements(Top Five)

Patent/IP/Technologies/ Varieties/Machineries Developed / Methodologies/ Recommendations	Year
1. NIL	
2. NIL	
<b>ExternallyFundedProjects:Implemented/Handled/Assisted</b>	

### Awards/Recognitions (Top Five)

1.
2.